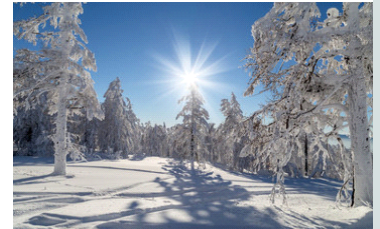




SADIE G. MAYS
HEALTH & REHABILITATION CENTER

Volume 10, Issue 1

WINTER
Nov. 2019 - January 2020



WISHING YOU A HEALTHY
& HAPPY 2020!

Sadie G. Mays Calendar

BLACK HISTORY CELEBRATION

Featuring Total Dance &
Edeliegba Dance Ensemble
Sat., February 29, 2020
3:00 p.m.

FREE & Open to Public

73rd ANNIVERSARY CELEBRATION

Sat., March 21, 2020
3:00 p.m.

FREE & Open to Public

23rd ANNUAL COMMUNITY HEALTH FAIR "Sharing Our Wisdom"

Wednesday, May 13, 2020
10:00 a.m.—2:00 p.m.

Health Screenings, Prizes,
Entertainment, and Food
FREE & Open to Public

PRE-MEMORIAL DAY COOK-OUT

Friday, May 29, 2020
11:30 a.m.

Check
us
out!



HORIZONS

The newsletter of The Sadie G. Mays Health & Rehabilitation Center

PARTNERSHIP BRINGS LAUGHTER, GIFTS & MORE!

The residents of Sadie G. Mays (SGM) have been entertained, challenged creatively, and given lots of gifts -- thanks to a unique partnership between their facility, and the **Atlanta Senior Care Networking Niche (ASCNN)**. It all started with a \$1,000 grant given to SGM from ASCNN. ASCNN, is a non-profit organization of professionals who provide services and products to seniors in Metro-Atlanta. The purpose of the grant was to fund performances and work-

shops at SGM by **Atlanta Theatre-To-Go**, a theater company which caters to senior audiences. The theater company is also a member of ASCNN. "We try to make a donation to a non-profit every month," said John Butler, ASCNN Presi-



Residents, Carlton Jones and Barbara Schenk act out an *Improv* skit.

dent. "We came up with the idea of giving a grant to Sadie G. Mays to fund performances by Atlanta Theatre-To-Go. It's a win-win for everyone!" he said. Lois Koepke, Executive Director of Atlanta Theatre-To-Go said of the collaboration, "We believe that theater and the arts need to be accessible to everybody at every age." She continued, "Sadie G. Mays was one of our best audiences ever!" The theater company presented a *Continued on p. 2 "Partnerships..."*

PHOTOGRAPHER SPREADS JOY



Craig Sneed takes a photo of resident, Katie Ford and family.

Craig Sneed is a telecommunications engineer with a unique sideline. He takes portraits of nursing home residents, frames the photos and gives them to the residents free! Sneed, his fellow photographer, Tim Rogers,

and a team of dedicated volunteers have taken photos in over 35 nursing homes from Atlanta to Macon. On Dec. 28, they came to SGM, equipped with photo paper, printers and frames. At first, people were shy, but after seeing how beautiful the photos were, everyone wanted one, including staff! When asked about his motivation he said, "My mother passed away in a nursing home and no one seemed to do anything nice for the residents." He said, "I bought a camera and I started taking their pictures." Sneed covers all the expenses himself and says "I just try to spread a little joy!"



Resident, Hattie Lester, shows her portrait.

THANKFUL FOR GRANTS RECEIVED

Sadie G. Mays has received six grants lately for new equipment, including rehabilitation equipment, vital signs monitors and beds. We are grateful to the following organizations and foundations for their generous support: The Imlay Foundation (\$15,000), Atlanta Chapter of the Links, Inc. (\$7,500), AEC Trust (\$5,000), Georgia Health Foundation (\$5,000) Mary Ryan & Henry Kuhrt Foundation (\$2,500), and the Ivy & Roses Foundation (AKA) (\$500). *Thank you!*

Resident, Rudolph Davis, uses a hand bike attached to a recently-purchased UBE table.



Craig Sneed's volunteer team is hard at work, processing photos.

SADIE G. MAYS' GOODWILL AMBASSADORS

Sadie G. Mays is filled with employees who provide exceptional service daily. However, two stand out for their efforts to bring joy and goodwill to their fellow employees, as well. Over the Christmas season, both Donness Clark and Shirley Hill put in the extra mile for the SGM staff. Ms. Donness, Laundry Manager, organized a wonderful holiday brunch for the staff. Her beautifully-decorated tables and delicious food were truly appreciated by the staff. In fact, she organizes special meals for staff at Thanksgiving and other times throughout the year and has been doing so for about 10 years. "I like to see them smile," she said. Shirley Hill, LPN, on Area B, is known for her delicious, homemade cakes. This Christmas, she made special cakes for the CNAs on each of the four Areas. She also came out Christmas Day and cooked breakfast for the CNAs, with some financial assistance from Area B Unit Manager, Sheila Pratt, RN. Ms. Hill



Staff enjoys Christmas lunch beautifully laid out by Donness Clark, with help from Activity and other staff.

said, "I give to let the CNAs know that I respect the duties of the job." She also made cakes for Therapy, Dietary, Administration, Activity and Housekeeping. "Teamwork and sharing are very important. With this in mind, we can succeed!" said Ms. Hill.



Shirley Hill, LPN, and Sheila Pratt, RN of Area B with Christmas decorations.

Sadie G. Mays Board Transitions

The SGM Board of Directors has undergone significant changes recently. In 2019, we lost two loyal board members. **Calvin W. McLarin, MD**, who served on the board for 33 years, (1983-2016), passed away on August 29, 2019. He was a pioneering cardiologist in Atlanta and the co-founder of Metropolitan Atlanta Cardiology Consultants, PC. **Sen. Leroy R. Johnson** was a civil rights lawyer and the first African-American Senator in Georgia elected since the period of

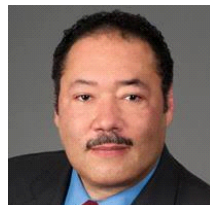


Calvin W. McLarin, MD

Reconstruction. He passed on Oct. 24, 2019, at the age of 91. Sen. Johnson served on the SGM board in many capacities for 48 years, (1970-2018). These men were giants in the community, in their respective fields, and in the hearts of the SGM family. We will truly miss them. **In another transition, the Board elected**



Senator Leroy R. Johnson, Esq.



Tyrone Rachal, new Board Chair.

Tyrone Rachal as its Chairman. Mr. Rachal, is President of Red Rock Global and Red Rock Global Capital Partners. He joined the SGM board in 2018.

REMEMBERING OUR OWN



We are remembering our co-worker, Gloria Ann Muchison, (65), of the Dietary Dept. Gloria passed away suddenly on January 16 in a traffic incident. We wish her family our heartfelt prayers and condolences.



Staff is lined-up for Christmas luncheon, organized by Donness Clark.

Would you like to join our team?
 Visit www.sgmays.org/careers
 to see available positions.
SIGNING BONUSES!
Sadie G. Mays is a great place to work!

PARTNERSHIP BRINGS cont.,

comedy in August, three improvisation workshops in the fall, and a musical in Dec. In fact, on Dec. 1, the "People 2 People" show on **WSB-TV** ran a story about our residents, their Improv workshop and the unique partnership between SGM and ASCNN. Later in Dec., the ASCNN gave a grant to **Second Wind Dreams**, (ASCNN Member) an organization which grants the wishes of residents in nursing homes. ASCNN earmarked the grant for SGM. Second Wind Dreams brought Xmas gifts for SGM residents. Finally, ASCNN tapped **Shirley Coleman**, SGM's Development Director to serve on its board. The partnership continues!



Board members of ASCNN, are seen with representatives of Atlanta Theatre-To-Go and Second Wind Dreams.

SCENES FROM SADIE G. MAYS



Members of Cascade UMC register SGM residents, G. Phillips and J.J. Smith, and others to vote and get absentee ballots for upcoming elections.



Resident, B. Cantrell, wishes her daughter, CNA Judy Jordan, "Happy New Year!"



CNAs, S. Mouzon and F. Washington dance "Old School" at New Year's party.



Total Dance/Dancical Productions performs for Kwaanza Dec. 27.



Actor, Michele Bright, from Atlanta Theatre-To-Go performs in musical, "Bread & Butter" at SGM on Dec. 13.



Saxophonist, Antonio Allen greets resident, Rev. James Jackson, after his holiday performance.



Little "angels" of the West End 7th Day Adventist Church pose together after performing at Xmas Tree Lighting, Dec. 7.



Staffer, Leslie. Moody admires Pam Scandrett's "Baby Bump" at the Staff Xmas Luncheon.



Resident, Artie Dykes, 103, receives Xmas gift from Activity staffers, Sybil Jennings and Lisa McCrimmon.



Volunteer, Sandra Snow, sings with resident, Jerry Lee at residents' Xmas party.



SGM staffers, Ragina Thornhill and Alfreda Gibbs, check out the inflatable Xmas decorations in the courtyard.



Residents enjoy dancers at the Annual Christmas Tree Lighting program.



SGM residents help to promote Giving Tuesday on Dec. 3.



City of Atlanta workers build a new sidewalk in front of Sadie G. Mays.



Metropolitan Atlanta Community Band plays at SGM Thanksgiving Concert Nov. 23.



D. Harrell, RN, receives certificate from Veda Brooks, Dir. Women Veterans Office, on Veteran's Day, Nov. 11.

A SEASON OF GIVING & SHARING



MLK Day of Service, Jan. 20, brought 75 volunteers from Citizens Trust Bank, KaVo Kerr, and Greenforest Community Church to work and visit SGM residents.



Members of the AMVETS #44 salute after a holiday visit with residents.



T. Williams and L. O'Connor bring donation from Zion Hill Baptist to SGM.



The "Keenagers" of St. Anthony of Padua Catholic Church help with monthly birthday parties.



Representatives of Second Wind Dreams present gifts for every resident to S. Coleman of SGM.



Greater Fair Hills Church member donates boxes of clothing to L. McCrimmon.



Federal employees came to SGM on the **CFC "Show Some Love"** tour on Dec. 5.

Founded in 1947, the Sadie G. Mays Health & Rehabilitation Center is a 206-bed, non-profit, skilled nursing facility providing comprehensive nursing and rehabilitative services.

Listed in U.S. News & World Report "Best Nursing Homes" 2015, 2012 & 2011

President & CEO -
Charles Robinson, Jr., CFACHCA

Medical Director -
T. Andrew Frinks, M.D.

Interim Director of Health Services -
Teresa Brown, RN



**WISHING YOU A
HEALTHY &
HAPPY 2020!**

Sadie G. Mays Health & Rehabilitation Center

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