



SADIE G. MAYS
HEALTH & REHABILITATION CENTER

FOR IMMEDIATE RELEASE

May 3, 2019

Contact: Shirley H. Coleman

(678) 420-2915; scoleman@sgmays.org



LIVE SOULFULLY

National Skilled Nursing Care Week

May 12–18, 2019

ahcancal.org/NSNCW | #NSNCW

22ND ANNUAL COMMUNITY HEALTH FAIR AT SADIE G. MAYS CENTER

Atlanta – The Sadie G. Mays Health & Rehabilitation Center is hosting its 22nd Annual Community Health Fair on Wednesday, May 15, 2019, 10:00 a.m. – 2:00 p.m. at 1821 Anderson Ave., NW, Atlanta, GA 30314. Held in conjunction with **National Skilled Nursing Care Week**, the theme is **“Live Soulfully.”** This theme celebrates skilled nursing centers, their residents and staff, by showcasing how they achieve health and happiness in mind and body. Whether it’s dancing, gardening, Tai Chi or listening to music, these centers pay it forward by helping residents find joy while improving their quality of life.

Our health fair will provide **important health screenings, which may include blood glucose, blood pressure, vision, bone density, HIV, etc.** It promises to be as fun as it is beneficial with **live music by Smokey Robinson Tribute Artist – Reggie Parks; DJ Barake and vocalist, Najuma; Energy Fitness Instructor, John Lewis; Yoga & Tai Chi with Baba “Yoga” Bey, healthy snacks and more!**

Don’t miss this **FREE** event! Donations will be accepted. **For more information, call (404) 794-2477 or visit www.sgmays.org.** *‘See you there!’*

SPONSORED BY:



CITIZENS TRUST BANK

A relationship you can bank on



Georgia Power