

## SADIE G. MAYS WELCOMES CARMAX VOLUNTEERS



Sadie G. Mays Health & Rehabilitation Center welcomed 156 volunteers from CarMax, the nation's largest retailer of used cars, on May 11, 2023 for a day of community service. Following the theme, #CarMaxCares, the volunteers tackled many tasks, including a complete makeover of the facility's large courtyard. Led by Points of Light and their local affiliate, Hands On Atlanta, the volunteers planted flower beds, painted courtyard furniture, assembled raised vegetable planting beds, and more. "Today is exciting because it's the result of hundreds of Metro Atlanta area associates telling us that our foundation's commitment to *Health & Wellness* and the mission of Sadie G. Mays were important to them," said Bryant Spann, Regional V.P. for CarMax's Atlanta Customer Experience Center. He recognized CarMax associates who had come from as far away as Chattanooga to participate. "I was grateful that we were able to have so many organizations come together for the benefit of the Sadie G. Mays residents and staff," said Victoria Shelton-Stroud, then Assoc. Dir. of

Corporate Impact at Hands On Atlanta. Other nonprofit partners in the project included Trees Atlanta, Learning In Color, House Proud, Community Foodscapes, and the Atlanta Community ToolBank. The volunteers also did touch-up painting; assisted residents in painting birdhouses, which were later mounted in the courtyard; and made gifts for our nurses in honor of Natl. Nurses Week. Ms. Shelton-Stroud noted that the work of this project was valued at approximately \$30,000, not counting the hours contributed by the nonprofit partners. At the end of the day, Jaimie DeJesus, CarMax Foundation Board Member and Regional V. P. announced that the company would also give \$5,000 to Sadie G. Mays "...to continue to support their critical work." Sadie G. Mays Executive Director, Beth Laxton said, "Thank you, CarMax, Hands On Atlanta, and everybody here today for showing up for our residents!"



CarMax volunteers paint the SGM courtyard.



## GOODBYE SUMMER!

Mark your calendar!

11th Annual  
THANKSGIVING  
CONCERT

SAT., NOV. 18, 2023

3:00 - 4:00 p.m.

Featuring the

Metropolitan Atlanta  
Community Band

Host: Debb Moore,  
of WCLK 91.9.1 FM

Free & Open to the Public

JOIN US!

## CULTIVATING KINDNESS AT THE 24TH ANNUAL COMMUNITY HEALTH FAIR



Health fair attendees enjoy visiting vendor tables.

Our 24<sup>th</sup> Annual Community Health Fair was held on May 23, 2023. In honor of Natl. Skilled Nursing Care Week, the theme was "Cultivating Kindness." Kindness was in the air as participants gathered indoors for the first time since the pandemic. About 220 people participated, including vendors, volunteers, and attendees. **We thank our sponsors for helping bring these free services to the community: Mauldin & Jenkins, Propel Insurance, McAfee3 Architects, Citizens Trust Bank, B & S Pest Control and Georgia Long-Term Care.** Groups from four senior centers attended. Twenty service providers offered free health screenings. Elected officials brought greetings and goodies. See a video of the Old Adamsville Senior Center Line Dancers at <https://www.facebook.com/SadieGMays>. Thanks to all who participated!



Old Adamsville Sr. Line Dancers dance.

MAKE A DONATION TO  
SADIE G. MAYS ON  
GIVING TUESDAY

NOVEMBER 28, 2023

Every donation helps!

Donate online at:

**WWW.GAGIVES.ORG**  
OR MAIL A CHECK TO:

Sadie G. Mays Health &  
Rehabilitation Center,  
1821 Anderson Ave., NW  
Atlanta, GA 30314

## A WORD FROM BETH'S DESK



Beth Laxton, SGM Executive Director

Sadie G. Mays has experienced a lot of change over the last several months, and there is more change to come.

- The exterior renovations are almost complete. This much needed facelift was long overdue, and our facility looks so great with the new color and the stonework repairs.
- Our first bathing room will be finished by the end of September. Work will then begin on the bathing rooms on areas B and C.
- Over the last several months, we have been implementing a new healthcare software system, PointClickCare.
- A new activity director, Denise Curier, has joined our staff. Be sure to meet her when you visit.
- On August 1, our management agreement with PruittHealth ended. Over the last ten years, PruittHealth provided support services (primarily in billing and financial reporting) to Sadie G. Mays. Our board of directors decided not to renew the agreement. This will not cause any interruption in services to residents and family members. Before Pruitt, Sadie G. Mays operated for over 65 years without a management agreement with an outside vendor.
- Through a donation from one of our generous supporters, we will begin renovating the lobby and dining room/living room area soon. It has been a busy time at Sadie G. Mays. **We are most grateful for your continued support!**

## STARS OF THE MONTH & MORE



SGM nurses celebrated Natl. Nurses Week in May.



Our CNAs celebrated Certified Nursing Assistants Week in June.

### STAR OF THE MONTH

This is a new program where team members select a "Star of the Month." Each "Star" receives a plaque and \$100. Here are our Stars for the first half of 2023:

- January – **DEBRA AIKENS** – Nursing Dept.
- February – **LISA MCCRIMMON** – Activity Dept.
- March – To be announced
- April – **TRUCILLA SPENCER**—Environmental Services Dept.
- May - **STACEY MOUZON** – Nursing Dept.
- June – **WARZENA "COOKIE" WILLIAMS** – Dietary Dept.

Congratulations to all and keep up the great work!

\*\*\*\*\*

### CELEBRATING OUR NURSES AND CERTIFIED NURSING ASSISTANTS

We were happy to honor our dedicated nurses during National Nurses Week, May 6-12, and our hardworking CNAs during National Certified Nursing Assistants Week, June 15-21, 2023. They were celebrated with special activities including ice cream socials, hot dog lunches, special dress-up days, and more. Thanks for all you do, nurses and CNAs!

## GRANTS RECEIVED FOR FEMALE RESIDENTS!



The female residents of Sadie G. Mays will benefit greatly from two grants that we recently received. **First, the Lettie Pate Whitehead Foundation** invited Sadie G. Mays to join its Senior Care program. This program supports several senior care facilities, primarily in the southeast, in caring for their female residents who are Christians. Sadie G. Mays is proud to become part of this program, which will provide many of its residents with needed extra services and needed items. The program will provide \$150,000 per year to be spent on qualified residents. We are also grateful for a \$20,000 grant from the **Jesse Parker Williams Foundation** to be used for general operating support, specifically for the care and benefit of our female residents. The foundation's goals are "to support preventative, comprehensive health opportunities and enhance access to health services for women and children." **We are grateful to the Lettie Pate Whitehead Foundation and the Jesse Parker Williams Foundation for this generous support of our residents.**

## A TRIBUTE TO MARVIN ARRINGTON, SR.



Judge Mavin Arrington with SGM Dir. Of Development & Marketing, Shirley Coleman on January 17.

We join the greater community in celebrating the life and legacy of Judge Marvin S. Arrington, Sr. He was a tremendous advocate for the City of Atlanta and a special friend and supporter of Sadie G. Mays. May he rest in peace and power.



# SCENES FROM SADIE G. MAYS



Resident, Judy Barnett, displays her summer portrait taken by photographer, Craig Sneed.



Resident, Hattie Diop (seated), enjoys a birthday lunch with her sister, Billye Aaron, and other friends and family in July.



Resident, Tommy Grady, and staff enjoyed lunch from the Varsity food truck June 26.



Twins, Elise and Denise, help their big brother and SGM resident, Gerald Winfrey, celebrate Father's Day on June 17.



Members of *Surrender*, the youth group of the First Baptist Tillman's Corner of Mobile, AL, visited and sang for residents on May 30.



Resident, Rosa Swanson, thanks Dorothy Verner of HeArt, after receiving a painting on April 26.



Atlanta City Councilman Byron Amos, Dist. 3, plays Bingo with resident, Samuel Finch, on April 14.



Residents enjoy a performance by Total Dance/Dancical Productions at their Black History Month Program on Feb. 25.



Actors with the Georgia Ensemble Co. perform the play "Love & Happiness" on February 16.



Resident, Bertha Ramsey, opens a Christmas present from Second Wind Dreams on December 22.



WCLK radio personality, Debb Moore, greets resident, Penny Williams, after emceeing MACB Thanksgiving Concert.



Board member, David Brand, emcees the annual Veterans Day program on Nov. 11, as the JROTC of B.E.S.T. Academy presents the colors.



Resident, Walter Mitchell, gives a thumbs-up after voting in the November elections.





**GOODBYE  
SUMMER!**

**Sadie G. Mays Health & Rehabilitation Center**

1821 Anderson Ave., NW  
Atlanta, GA 30314

Phone: 404-794-2477  
FAX: 404-799-9876

Newsletter Editor—Shirley H. Coleman  
Email: scoleman@sgmays.org



The Joint Commission  
The Gold Seal  
of Approval™



**WE'RE CELEBRATING 76 YEARS OF SERVICE!**  
**DONATE TO SADIE G. MAYS ONLINE AT**  
**[WWW.SGMAYS.ORG](http://WWW.SGMAYS.ORG)**

**WE'RE GRATEFUL FOR YOUR GIFTS!**



Members of Thee Hills CDC of Dixie Hills First Baptist Church brought Fathers' Day gifts for residents.



The Hope Empowerment Project volunteers brought Valentine's gifts and cards for residents.



Sally Warner, a donor and supporter of Sadie G. Mays, receives yellow roses from SGM for her birthday in March.



Founded in 1947, the Sadie G. Mays Health & Rehabilitation Center is an independent, 206-bed, non-profit, skilled nursing facility providing comprehensive nursing and rehabilitative services.

Executive Director  
**Beth Laxton, MS**

Medical Director  
**T. Andrew Frinks, MD**

Director of Health Services  
**Sharon Crowder, RN**



Members of Cornucopia Outreach Ministry of Word of Faith Church pose after planting flowers on MLK Day.



Volunteers from Second Wind Dreams present Xmas gifts for SGM residents to Sybil Jennings of the Activity Dept. on Dec. 12.



Volunteers from the Nature Gurlz & Guys sang for residents during the Veteran's Day program on Nov. 11.



1947 SADIE G. MAYS 2022